**How to Run Lambda Function Every 30 Seconds**

To schedule a lambda function to run at a regular interval, we can use CloudWatch Events. The problem is that the shortest interval is 60 seconds with CloudWatch Event scheduled job. What if we want to run a function under 60 seconds interval?

Using a sleep function to loop the function during the 60 second execution is costly because we are charged with execution time and memory usage. The simplest way to do this is to use [Step Functions](https://aws.amazon.com/step-functions/). This is probably one of the simplest step function use case. It works beautifully.

Let’s take the example of running a lambda function every 30 seconds.

The idea is to schedule to run a step function every 60 seconds. Then, within that 60 seconds we invoke the function twice with wait of 30 seconds in between. In this way, the cost to execute lambda is lower than using sleep. The only additional cost is the state transition that occurs within the step function.